## What is claimed is:

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- 1. A apparatus for use with a stringed instrument pick having a grip end portion on a first surface comprising:
  - a) a relatively thin piece of material having the following properties:
    - (i) resists sliding and promotes gripping by human fingers;
    - (ii) is applicable to said gripping portion on said first surface.
- 2. The apparatus of claim 1 wherein the piece of material is adapted to be adhered to a gripping portion of a pick.
- 3. The apparatus of claim 2 wherein the material is adapted for removable adhesion to a pick.
- 4. The apparatus of claim 3 wherein the removable adhesion is by cohesion and/or surface tension.
  - 5. The apparatus of claim 4 wherein the cohesion is without residue if removed.
- 6. The apparatus of claim 1 wherein the material is adapted to be sized and shaped so that it does not substantially change the size, shape, mass, or function of a pick.
  - 7. The apparatus of claim 1 wherein the material is sized and shaped to fit within perimeter dimensions of a pick.
- 25 8. The apparatus of claim 1 wherein the material can be retrofitted to an existing pick.
  - 9. The apparatus of claim 1 wherein the material is adaptable to a variety of sizes and shapes of picks.

- 10. The apparatus of claim 1 wherein the material is rubbery-like having a substantially tacky exterior and is flexible.
- 11. The apparatus of claim 1 wherein the material is made from liquid silicon, liquid 5 plastic, or liquid latex.
  - 12. The apparatus of claim 1 wherein the material is moldable.

roughened, or is mottled.

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13. The apparatus of claim 1 wherein one side of the material is smooth.

14. The apparatus of claim 13 wherein the other side of the material has some texture, is

- 15. The apparatus of claim 1 wherein the material has a central thickness variance.
- 16. The apparatus of claim 15 wherein the central thickness variance is either a raised portion or a depression.
- 17. The apparatus of claim 1 wherein the material has a thickness on the order of or less than the thickness of a pick to which it is to be applied.
  - 18. The apparatus of claim 17 wherein the thickness of the material is approximately from 0.6 mm to 1.0 mm.
- 25 19. The apparatus of claim 1 wherein the perimeter dimensions of the material include approximately 26.5 mm at its widest and 18 mm in length.
  - 20. The apparatus of claim 1 further comprising a second piece of material adapted for application to a gripping portion on a second surface of a pick.

- 21. The apparatus of claim 1 in combination with a stringed instrument pick.
- 22. A stringed instrument pick system comprising:

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- a) a stringed instrument pick having a gripping portion on a first surface;
- b) a relatively thin piece of material which resists sliding and promotes grip by human fingers removably appliable to said gripping portion on said first surface.
- 23. The system of claim 22 further comprising a relatively thin piece of material which resists sliding, promotes grip of human fingers appliable to a gripping portion on a second surface of the pick.
  - 24. The system of claim 22 wherein the material is cohesive to the gripping portion, and is shaped to fit within perimeter dimensions of the first surface of the pick.
  - 25. A method of improving gripability of a stringed instrument pick comprising:
  - a) applying a material to a gripping portion on a first surface of the pick which is relatively thin, resists sliding and promotes gripping by human fingers, and is shaped and sized to fit within perimeter dimensions of the pick;
- 20 b) grip the pick with at least one finger in contact with the material on the gripping portion of the first surface.
  - 26. The method of claim 25 wherein the material is removably cohesively applied to the gripping portion.
  - 27. The method of claim 25 wherein the material does not materially effect size, shape, mass, function or pliability of the pick.

- 28. A method of making an apparatus for use with a stringed instrument pick to increase gripability of the pick comprising:
- a) form a mold having a shape which roughly approximates the shape of the gripping portion of a stringed instrument pick;
- b) place into the mold a liquid material, the liquid material being formed of liquid silicone, plastic, or latex;
  - c) heat the material in the mold at approximately 470°F for approximately 8 minutes;
- d) cooling the material in the mold at approximately 66 to 75°F for approximately 10 4 to 6 minutes;
  - e) remove the material from the mold.